

Armed Forces Walk-in sessions

Wednesday 16 Oct 2024, 1000-1200hrs (Every third Wednesday of the month)



- Aimed at veterans & those still serving.
- A safe place to find out about & connect with local support services.
- Meet face to face with local service providers.
- Refreshments, free parking.
- A chance to connect with the wider MK Armed Forces community.
- Come to the main entrance & ring the buzzer.
- If you'd like to attend but face challenges in doing so or would like a 'buddy' to support you, scan the QR code or click on the link below.

Seeking help can feel hard and overwhelming, especially the first time you reach out. Some ex-forces don't know what help is out there, how to ask for it and might need support connecting with it.

Whether you served many years ago and feel your challenges are not related to your service, or you have just left and are not sure how to engage with civilian services, the Walk-In can help.

Address: Blue Light Hub | West Ashland Fire Station | 3 Thornbury | Milton Keynes | MK6 4BB



If you:

- Would like to attend, but want more information
- Are a support service and want to find out how to be involved

Please click [here](#), scan the QR code or email armedforcescovenant@milton-keynes.gov.uk



Buckinghamshire
Fire & Rescue Service



Milton
Keynes
City Council



Milton Keynes
University Hospital
NHS Foundation Trust

Delivered in partnership with Buckinghamshire Fire and Rescue, MK City Council, MK University Hospital (all of which are MOD Gold Award holders)



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